

A week before I started the 5th grade my mom informed me that I would be joining the cross-country team. She dropped me off at practice and I never looked back. After years of 2-mile and 3-mile races I graduated high school and ran my first half marathon at the end of my freshman year at the University of Illinois. I kept running, mostly on my own, but was excited to find a group to run with again when I moved to Muskegon. Since joining Run Muskegon my training has become more serious and I've now done a few marathons and an Ironman. I love that there is space for everyone at Run Muskegon and I always look forward to Wednesday night runs!