

# Run Muskegon Board Election Nomination Form

This Run Muskegon board self-nomination election form is to be completed by current Run Muskegon Members in good standing who wish to be considered for a board position. All nominees will have their name placed on a ballot which will be presented to the Membership at the Annual Meeting for voting. The top four vote counts will be elected to the Run Muskegon board of directors for a two year term. This nomination form along with a picture of yourself will be posted on social media for the membership to review. Additionally, the completed nomination forms will be available to the membership for review at the Annual Meeting.

## Reminders:

- You are running for the Run Muskegon board, not a specific board position. Board positions are decided by the newly elected board based on experience and seniority.
- You are running for a two (2) year board position
- Four (4) board positions will be open for election yearly
- This application along with a picture of yourself is due no later than midnight, three days prior to the annual meeting (Thursday, January 19, 2023)

**Application and photo deadline is Thursday, January 19, 2023 at 11:59 pm. Nominations received after the deadline will not be considered.**

Email \*

capycath@gmail.com

Name: \*

Cathy Cantu

How long have you been a member of Run Muskegon? \*

I believe I originally joined in 2017 though I think I let my membership lapse during Covid by accident

Briefly explain your running history and experiences. \*

I didn't start running until my late 20's after believing I wasn't really an athlete anyway. I ran my first half in 2008 but then took significant time off to have babies and just believed I was too busy. However, running became my outlet and Run Muskegon became a family of sorts during some of the most difficult times in my life. I have since run countless 5Ks, many 10Ks, Captained some Ragnar Relays, many half marathons and have run two full marathons to date.

What experience, education or interest do you have for serving on the Run Muskegon board? \*

I have been a school administrator (building principal and now district administrator) for over 10 years, working directly with Boards of Education in that capacity. I also recently served a 6 year term on the Board of Directors for the Muskegon YMCA and served as the Committee Chair for the Community Y.

What special skills or knowledge do you have to bring to the board? \*

I have had many life experiences as an educator, dedicated to our community, and have unique experiences working with boards from different perspectives. I am passionate about everything I do. I am organized and always willing to work hard with everything I do.

What other boards have you previously or do you currently serve on? \*

Muskegon YMCA Board of Directors, 6 year term just ended.

What volunteer experience do you have? \*

I have volunteered with many different races including the Hoffmaster Turkey Trail Run, Run4Wings, Heart & Sole 5K, and Seaway Run. I have also volunteered throughout the past several years in various capacities with Girls on the Run. Last year I was a "local star" and helped raise money for local food pantries and programs with the Muskegon County Chamber of Commerce Women's Division

What would your goals be as a member of the Run Muskegon board? \*

As a member of the Run Muskegon Board, I would like to continue outreach in our community to showcase how running (or jogging, or walking or any physical movement) can enhance one's life and that being a part of this running community benefits our community as a whole. I would also like to see our group grow to reflect the diversity of our greater community and bring more people together in a healthy way.

Please upload /send a labeled picture of yourself to runmuskegon@gmail.com. Nominations not accompanied by a picture will not be considered.

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