Thursday, April 23 6:00 PM
Run Muskegon Board of Directors
at Brewer's Lounge at Pigeon Hill
Meeting Agenda

I. Routine Business:

- Calling to order at 5:58 pm

- **Present:** Sidney Long, Nicole Bush, Shirita Williams, Rich Cater, Rachel Kent, Ali Brogen
- **Absent**:David Engblom

- Approval of March meeting minutes:
  - Motion: Sidney Long Second:Rich Cater Carries 6/0

II. Committee reports:

- ***Treasurer report***
  - Checking 24,723.81
  - Savings 23,782.33
  - Total 48,506.14
  - Need form filled out for scholarships so those payments can be made

- ***Race Committee***
  - Nothing to report race committee is on break until June 7th

- ***Communications Committee***
  - Runners spotlight is scheduled through June
  - Adding more to socials & website (No Excuses, Monthly Awareness highlight, book or article suggestions).
  - Looking at the format Traverse City Run Club has for website
  - Connected with Anna (nutritionists) highlighting her most recent communication about proper fueling on race day. She would like to do another session with Run Muskegon like she did last spring
  - Purchased tripod

- ***Membership***
    - Survey - mostly done from the survey built in December
    - Runstrong - Tuesdays @ 6pm, just show up
    - Ragnar Road - Bourbon Chase (Bill put information together and will bring it to Run club on Wednesdays)
    - Mental Performance workshop (June 15 @ Ivy Rehab)
    - CPR class for RM members (Robin @ Neal Fitness happy to host up to 12 people)
    - Group Workouts on Wednesdays (Is there interest? Do we want to do this?)
    - Working on getting a Yoga class scheduled for Run Muskegon members. (Breathe and Believe Fitness)
    - Upcoming events:
        - May 13th - Hobo's field trip
        - June 3rd - Global Running Day
        - June 17th - Field Trip to Odd Side Social Brews in Fruitport

- ***Scholarship Breakout***
    - May 27th at Pigeon Hill Brewhouse recognize Jen Vanderstelt Memorial Scholarship winners

- ***Coaching Breakout***
    - Are we considering adding an RRCA coach? Yes
        - Should we put this out on a survey for interest?
        - Should we ask at Wednesday's?
            - Everyone who fills out the survey name goes into raffle

- ***Community Outreach***
    - Adopt a highway-
        - 67 bags of trash cleaned up
    - Race expo
        - ~ 20 bags of trash cleaned up
        - Several new races!
    - Coffee of the month

- ***Seaway Run Partnership***
    - Training camp still going on
    - Looking for partners to lead through training Tuesday night or Saturday mornings (Beachwood park hour/ hour and half)

- ***Gift Giving***
    - *Meet and Greet rescheduled to May 6th, 7:30 pm*
    - *Shirita and Nicole meeting on April 26th - Shoe program Trufit (kickoff in 26/27)*
    - *Foreshore Sponsorship -$300 donation*

III. Unfinished/Old Business

- Survey
    - Deadline approaching–what questions or updates?
    - Committees that will provide questions
        - Gift giving, membership
        - Coaching breakout will add questions
            - Recruitment type questions for who might be good for coaching
    - Date to send survey to membership
        - Mid May
        - Questions due May 1
- Google Workspace Update (*please provide an update of where we are at, not to be used as a working session)*

    No Update at this point still working on configuring

IV. New Business

- Will look into a storage unit to store all our Run Muskegon stuff
    - Research cost
    - Location

V. Public Comment

The purpose of this meeting is to conduct Run Muskegon Business. There will typically be no attempt to comment or give answers at this meeting. Public who wish to make comments are invited to make their comment at this time in the meeting. Each speaker has a maximum of three (3) minutes to address the board. Inquiries requiring a response will be referred to the Board President in the cases where contact information is provided.

- **Action Items:**
    - Approve up to $500 for the Muskegon Lake Nature Preserve Microforest Fencing
        - Motion Shirita Williams Second Sidney Long Carries 6/0
    - Mosquito Creek donation of $2000 for Kiosk sponsorship name/logo on trailhead kiosk and solar lights
        - Motion Shirita Williams Second Rachel Kent Carries 6/0
    - Approve up to two new coaches for RRCA coach certification
        - Motion Shirita Williams Second Nicole Bush Carries 6/0
    - Reimburse Rich $100 for large bluetooth speaker with microphone
        - Motion Rich Cater Second Shirita Williams Carries 6/0

VII. RunSignUp news NA

VIII. RRCA news: NA

IX. Announcements: NA

X. **Adjournment: 6:48 pm**

Upcoming Meetings

Outreach Committee April 26 @ Aldea Coffee 2:00 pm
Gift Giving May 19 @ Pigeon Hill 5:00 pm
Board Meeting May 12 @ Legal Grounds Norton Shores 6:00 pm
Membership May 21 @ Oddside Social Brew Fruitport 6:00 pm
Communications Committee June 3 @ Pigeon Hill after run club 8:00 pm
Race Committee: June 7 @ Hometown Creamery 2:00 pm
Board Meeting June 11 @ Norms Icecream in Fruitport 6:00 pm