

Hi, I'm Amanda! Growing up, I HATED running! But in 2007, I was asked to coach for Girls on the Run and realized that I actually enjoyed it! In 2011, after running on and off for the past 4 years, I was diagnosed with a handful of autoimmune diseases that caused extreme fatigue and pain. Needless to say, I quit running. A couple of years later, a friend talked me into doing some run/walks with her. She was a regular at Run Muskegon and talked me into going. It took a few weeks to work up the courage, and, man, am I glad I did! I was greeted and welcomed into the family immediately. I found people to run with, give me advice, and offer support. I also got talked into signing up for my first half marathon after a Wednesday night run. I am excited to be one of the people now that can give that back (and hopefully talk other people into stepping outside their comfort zones!). I've run all distances from 5k up to a road marathon and a trail marathon. I'm a middle of the pack runner. Definitely not a "rabbit" but can sometimes place if the race is small. I'm happy to run any distance and any pace and I look forward to running with you!