

Run Muskegon Board Election Nomination Form

This Run Muskegon board self-nomination election form is to be completed by current Run Muskegon Members in good standing who wish to be considered for a board position. All nominees will have their name placed on a ballot which will be presented to the Membership at the Annual Meeting for voting. The top four vote counts will be elected to the Run Muskegon board of directors for a two year term. This nomination form along with a picture of yourself will be posted on social media for the membership to review. Additionally, the completed nomination forms will be available to the membership for review at the Annual Meeting.

Reminders:

- You are running for the Run Muskegon board, not a specific board position. Board positions are decided by the newly elected board based on experience and seniority.
- You are running for a two (2) year board position
- Four (4) board positions will be open for election yearly
- This application along with a picture of yourself is due no later than midnight, three days prior to the annual meeting (Thursday, January 19, 2023)

Application and photo deadline is Thursday, January 19, 2023 at 11:59 pm. Nominations received after the deadline will not be considered.

Email *

alanamatyas@gmail.com

Name: *

Alana Matyas-Brower

How long have you been a member of Run Muskegon? *

2011

Briefly explain your running history and experiences. *

I started running for my health of it while in college (2005?2006?). In 2011, I moved to Muskegon and was searching for a run club to meet new people. When I couldn't find one, I started Run Muskegon (formerly called "For the Run of It"). I've paced local half marathons for multiple years, served on other race committees and have organized dozens of events at Pigeon Hill Brewing Company since 2014.

What experience, education or interest do you have for serving on the Run Muskegon board? *

I love the outdoors and want to continue to encourage Muskegon residents to get outdoors and get moving. Living an active lifestyle and eating healthy has so many mental & physical benefits that everyone can benefit from. Starting Run Muskegon has changed hundreds of people's lives for the better.

I have lots of volunteer, run and board experience (listed below in the answer to other questions)

Level I Coaching Certification- RRCA- 2020

B.A. in Spanish- Grand Valley State University- 2008

What special skills or knowledge do you have to bring to the board? *

I received my level I coaching certificate from RRCA in 2020 and look forward to helping runners of Muskegon train for races (5k, 10k, half, Riverbank, Ragnar). I'm interested in continuing my coaching studies and getting the level II certification which I would continue to share with members of Run Muskegon. I have years of experience serving on the Run Muskegon board and bringing the Shamrock Shuffle & Turkey Trot to fruition (with the help of so many loyal volunteers). On a professional level, I have organized dozens and dozens of events at Pigeon Hill Brewing Company over the past 9 years.

What other boards have you previously or do you currently serve on? *

City of Muskegon- ATAC Committee- 2023
Kids Food Basket Campaign Committee- 2022
Run Muskegon 2014-2022
Seaway Run Race Committee 2017-2019
(Muskegon County) Lakeshore Sports Commission-2018
Burning Foot Beer Festival - 2016 & 2017? The first 2 years.

What volunteer experience do you have? *

Run Muskegon 2014-2022- board member, race director
Kids Food Basket- volunteer- sack dinner food prep- 2021
Pound Buddies- weekly dog walker- 2020 & 2021. Sporadically in 2022.
Total Trek Quest (TTQ) Coach at Orchard View- 2019
Seaway Run Pacer Coordinator 2017-2019
Ragnar Relay Ambassador- 2017-2020
Arts & Dash 5k Race Committee Member- 2013 & 2014
I've also volunteered at local races and events over the past decade since moving here- Grand Haven Triathlon, Michigan Irish Music Festival, Arts & Dash 5k, Girls on the Run, Arts & Dash 5k, and more!

What would your goals be as a member of the Run Muskegon board? *

2022 was the year of bringing back races! I'm working on documenting and creating succession plan for all the organizing and behind the scenes coordination that is required of the Shamrock Shuffle and Turkey Trot races. I want the race committee to have effective race committee meetings and set them up for future success.

In 2023 I would love to see Run Muskegon discuss remarking the trails at the Muskegon Luge & Adventure Sports center. Its something we started to discuss right before covid and I'd like to restart that conversation. When we did the group field trip out there this fall, runners kept getting lost because the trails are poorly marked and are hard to navigate (especially in the dark!).

Please upload /send a labeled picture of yourself to runmuskegon@gmail.com. Nominations not accompanied by a picture will not be considered.